# THE COUNTY SCOOP

#### **GALLATIN COUNTY**

August 31, 2009

### FAREWELL TO HEALTH OFFICER STEPHANIE NELSON

With the publishing of this month's County Scoop we bid a fond farewell to Health Officer Stephanie Nelson. Stephanie has been with Gallatin County since 1980, serving both as a public health nurse and as Health Officer. In her time with us she has given of her whole heart and her whole mind. Stephanie's dedication to her staff, the community which she has served diligently every day, and to all of us that have worked by her side over the years is second to none.

Stephanie was born in Detroit, Michigan and moved to Montana in 1975 with her husband, Bob. Together they raised their son Jesse who is now married to Joey. Bob and Stephanie have two Jack Russell grandpuppies. Stephanie received her associates degree in nursing from the Oakland Community College in Michigan, her bachelorette's degree from Montana State University, her master's degree from University of Arizona and her certificate in Primary Care (Nurse Practitioner) from University of Colorado.

Stephanie began her career with the City-County Health Department in the 1970's doing volunteer work with an immunization outreach project. She was hired on as a public health nurse in 1980 and then took over the administration of the WIC (Women, Infant, Child) program and ran clinics for children. She provided hands-on care for children and their families and then gradually moved to more administration when she became the Human Services Director. Stephanie became the Health Officer following the retirement of Jackie Stonnell in 1997.

When asked how being the Health Officer has been different than being a public health nurse Stephanie explained that the Health Officer has more management responsibilities. She stated that it was a privilege to work with families and the community as a public health nurse and pediatric nurse practitioner. As the Health Officer, she worked on a number of projects at the state and national level to improve the practice of public health and develop an accreditation process for local health departments. She also worked on the several community collaborations to improve access to health care. As a result of this team effort, Gallatin Community Clinic and it's dental clinic were created and mental health services, although still lacking, have greatly improved.

In her retirement, Stephanie plans to do a lot more reading, hiking, fishing and biking. She also anticipates working in the community in some capacity to be around people. The thing she will miss most about working in the Health Department is the people – staff, clients, the community leadership. One of the things she's enjoyed the most has been her work with the Unified Health Command. This is a collaborative between the hospital, MSU Student Health, DES, private health care providers and the Health Department, which meets to plan for and respond to public health issues and emergencies. The community should feel assured that people are working on things that affect them close to home, such as H1N1.

What will Stephanie miss the least? The stress!! Stephanie stated that one of the biggest accomplishments in her time with the Department is the recent move of both offices of the department into one space in the Courthouse Annex. In addition, both offices have become more efficient and accountable through the increased use of technology. She is quick to state that these are accomplishments of the whole department and not only her individually.

She urged the person who will replace her to recognize the tremendous resource that they have in the existing staff. The staff is accustomed to change and they will handle the transition well in addition to continuing to serve the public. Environmental Health Director Tim Roark will be serving as Interim Health Officer until a new one is hired. Sanitarian Sean Hill will serve as Interim Environmental Health Director while Tim is serving as the Health Officer.

Stephanie's parting words: "It has been a real privilege to be part of this organization and the community. Collectively everyone contributes to the success. Thank you!"

#### THANK YOU FOR YOUR SERVICE, STEPHANIE—YOU WILL BE MISSED!

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#### **CLASSIFIED ADS & ANNOUNCEMENTS**

**FOR SALE:** 2002 Ford Explorer. Light-green, 4-door, 2 (rear) wheel drive. 120,000 miles, asking \$4,500/OBO. It's been well taken care of. Call Heather @ 600-8176.

**FOR SALE:** 27" tandum axle flat bed trailer with full beaver tail ramps. \$7,000, call 388-1336

**FOR SALE:** Kenmore Elite Sewing Machine (Model 385.18230) with cabinet. 10 years old, excellent condition with very little use. \$100.00. Call Charlotte, 570-4356.

SPRINKLER WINTERIZATIONS: Call Bill @ 539-2881 or 388-4324

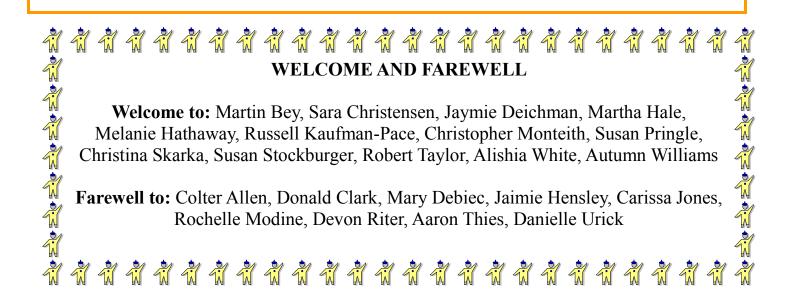
**IN NEED OF ENTERTAINMENT?** CLAMBELLY classic rock/country/dance band available for parties, receptions & events. Music from 60's and 70's. Please call (406) 924-4053.

#### MONTHLY MUSING—'Tis the season...(but not quite that season)

A lot of people are in a panic (or almost) over the H1N1 virus this year. It's got the makings of a pandemic, which is serious, but if folks were careful enough, it might not be as bad as everyone fears.

Whether you get a flu shot or not, when you get sick, you should <u>stay home!</u> (very important) No one likes to be sick. And unless they're really lucky, no one likes to work. So why mix the two? It's not just a matter of being miserable at work; it's a matter of respecting your co-worker(s) enough to not spread your illness amongst everyone. Not to mention, many of us, as government workers, are in contact with the public and could spread it to them, too. I guess we could come in sick—if we all wore biohazard suits, or gas masks, which wouldn't scare the public at all. It's as simple as touching a contaminated surface and then scratching your eye, or wiping the corner of your mouth with your hand, and BAM! you got the ick. To be on the safe side, make sure that you cough or sneeze into a tissue when one's available. If not available, aim for the crook of your elbow instead of into your hand. You're not likely to be answering the phone or using your mouse with THAT. Just think about all the surfaces you touch with your hand in a single day. Then think about how many others touch those same surfaces. The ick could be everywhere if people didn't practice good hygiene!

So stay home, get better, then come back for more fun when you're well.



#### The Gallatin County Commissioners are pleased to introduce the two employees that were chosen as "Employee of the Month" in JULY.

From the County Attorney's Office, Eric Kitzmiller was chosen. Eric was nominated by fellow-employee Maureen Exley for always going above and beyond in his duties as Deputy County Attorney. Maureen noted that Eric is very dedicated to the Treatment

Court program as well as his other cases, that he is extremely professional and great to work with. Eric has worked for Gallatin County for nine years as a Deputy County Attorney. The thing he likes most about his job is "seeing people break free from the chains of addictions and make positive changes in their lives." His favorite thing about working for Gallatin County is the opportunity to meet and become friends with a variety of people who work for Gallatin County. In his free time Eric enjoys hiking with his wife and dog as well as fishing. When asked about anything else he'd like to share about himself of his work for Gallatin County Eric stated, "I can't believe it has been nine years since I started working for Gallatin County. It doesn't seem that long ago that I interviewed with Marty Lambert and Susan Swimley. I'm very thankful to God for the opportunity to live and work in Gallatin County." A huge thank you to Eric for his dedication to Gallatin County, the County Attorney's Office, and in particular programs such as Treatment Court. We are honored to recognize him as an outstanding Employee of the Month!

From the City-County Health Department, Leslie McKittrick was chosen. Leslie was nominated by fellow-employee Darcy Hunter and Health Officer Stephanie Nelson for her dependability, her happy "Get Er Done" attitude, her willingness to help with problem solving and finding ways to make things better and more efficient. Darcy and Stephanie noted that Leslie never complains about more hours, reduced hours, having to work evenings, or taking on additional work load and goes above and beyond the call of duty on a regular basis. Leslie has worked for Gallatin County for seventeen years as a Nutrition Technician for the WIC program. What she likes most about her job is working with young children and their families, helping them where she is able. Leslie's favorite thing about working for Gallatin County is the friendliness of her coworkers as well as employees in other departments. Before coming to work for Gallatin County Leslie taught preschoolers and worked at the Bozeman Public Library. Leslie serves as a volunteer with the Gallatin County Search and Rescue as an Amateur Radio Operator and as a certified search dog handler with her dog Trace. THANK YOU to Leslie for her long-time contributions to Gallatin County, the City-County Health De-

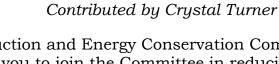
partment, WIC Program, Search and Rescue and her fellow-employees. She is a valuable asset to our system and we are honored to recognize her as Employee of the Month!

#### **COUNTY EMPLOYEE NEWS**

Gallatin County is pleased to announce that **Amy Waring** has completed the process and examination required for certification as an ASFPM (Association of State Floodplain Managers) Certified Floodplain Manager (CFM). This is a notable achievement for Amy and provides Gallatin County with additional capacity in this important field.

Thank you to the many County employees who volunteered for the **Dinosaur Playground** Build in June. Mike Harris, Commissioner Joe Skinner, Tom Gleason, Allen Wernberg, Eric Semerad, Eric Bryson, Kelly Munter, Glenda Howze, Terry Brack and Greg Bishop (and maybe others that we're unaware of) contributed many hours towards this project. The Sheriff's Deputy Association also contributed \$1,000 towards the project. It is a great playground—make sure you stop by and enjoy the art work and many play options!

#### Could You Reduce Paper Consumption?



The Cost Reduction and Energy Conservation Committee would like to ask each of you to join the Committee in reducing our paper consumption. Paper seems to be a necessity in our jobs, but many times we print more often than needed. I am guilty of this myself as I just feel like I catch more errors when proofreading my minutes on a hardcopy rather than on my screen. However, printing out jokes/emails to share with co-workers or printing something multiple times because you forgot it's still sitting in the printer (we all have one of these in our offices right?) could probably be significantly reduced.

Paper costs the county \$3.20 per ream, which is 500 sheets of paper. And the County spends a little more than \$7,000 every year on paper alone between all our departments! Printing on both sides whenever possible could significantly reduce your consumption, in turn reducing your costs. Just imagine if you duplex printed on all 500 sheets – you'd have doubled your money! Each of our departments is seeing a reduction in our budgets and having to learn to stretch each dollar just a little bit further, so any way we can pitch in helps all of our departments in the County's bottom line.

And what happens to all those sheets we toss everyday in our recycle bins? We could use the other side for our claims (paid bills), or scratch paper when jotting down information when a member of the public calls us, or even for me – I could print my minutes on paper that had already been used on one side by putting it in my manual feed tray of the printer thus not wasting a scrap. Some printing shops can even bind scrap paper into little note pads (although this may not end up saving you money since it does cost for this service). The point is to be thinking outside of the box to save a little paper and money here and there – just like we all chipped in with reducing our lighting consumption, and we saved an average of just over 20% in our 5 month contest!

If you have other money- or energy-saving ideas, please send them to the Cost/Energy Reduction Committee via Crystal Turner at <a href="mailto:crystal.turner@gallatin.mt.gov">crystal.turner@gallatin.mt.gov</a> or by calling ext 3000. The Committee thanks you for all your paper conservation efforts!

#### **ENERGY SAVING FUN FACTS**

An automatic dishwasher uses less hot water than doing dishes by hand - an average of six gallons less, or more than 2,000 gallons per year.

A hot water faucet that leaks one drop per second can add up to 165 gallons a month. That's more than one person uses in two weeks.

Every time you open the refrigerator door, up to 30 percent of the cold air can escape.

A heavy coat of dust on a light bulb can block up to half of the light.

#### THIS and THAT

From 2000—2007 Gallatin County grew 28.8% and in 2007 its population surpassed Flathead County's to become the state's 3rd largest county. Bozeman is the 4th largest city in the state as of July 1, 2007.

The unemployment rate average for the State of Montana in August 2007 was 2.2% with Gallatin County at 1.4%. The unemployment rate average for the State of Montana in July 2009 was 6.1% with Gallatin County at 5.6%, down from 6.2% in May.

The construction of the new Gallatin County Detention Center has created 140-200 jobs in our community for the duration of the project (number varies given the current construction activities). Staffing of the new facility will double, creating additional permanent jobs as well.

Construction of the new Detention Center is scheduled for the end of December 2010 with inmates to be moved in during April 2011.

More than 170,000 miles of streams and rivers meander through Montana. The state ranks third in total stream miles in the continental U.S. (not including Alaska and Hawaii).

One gallon of used motor oil can contaminate up to one million gallons of water.

One inch of rain on one acre of land makes up 27,154 gallons of water. That's enough to fill a (typical sized) city bus!

Did you know that 70% of an elephant is water?

The average elevation of Montana is 3,400—the lowest of all mountainous states.

Lewis (as in Lewis and Clark) earned \$40 per month for his efforts during their legendary trip.

62% of mule deer, 68% of white-tailed deer, and 75% of antelope are found on privately owned land.

What do bullet proof vests, fire escapes, windshield wipers and laser printers all have in common? All were invented by women!!

The most splendid achievement of all is in the constant striving to surpass yourself and to be worthy of your own approval.

Denis Waitley

#### TIPS FOR BUILDING PERSONAL TRUST:

Research shows that humility helps build trust with colleagues. By admitting doubt or error and acknowledging mistakes, managers are seen as competent. Co-workers think, "I can trust you. You won't try to bluff me." Other findings: Colleagues rated highly trustworthy were also rated highly competent. Also: To build trust, you must be seen as a collaborator, not a competitor.

Source: Leaders, Allstate Insurance Co.



## **Equipment Check-Out**



The ITS Department has equipment available for check out to any County department. The equipment can be checked out for a limited time and for **County business only**. Please view the list of items that are available below.



- Air Card (cellular modem)
- Conference Phone
- Digital Camera
- DVD Player
- Inkjet Printers
- Laptop \*
- Laser Pointer
- Projector
- PowerPoint-Presenter Remote
- Smartphone \*
- USB Floppy Drive
- USB Zip Drive



Please contact IT at x3072, via c.Support (service request) or stop by the office located in the basement of the Courthouse—Room B102. Please allow enough time to ensure availability when reserving equipment.



\* **NOTE**: When checking out either the laptop or the Smartphone, please allow extra time for any set-up that may need to take place.



### DUI MYTH #1: I CAN'T GET A DUI IF I'M UNDER 21



IF YOU **OPERATE A MOTOR VEHICLE AND YOUR ABILITY TO SAFELY** DRIVE HAS BEEN **IMPAIRED** (DIMINISHED) BY ALCOHOL, YOU COULD BE CONVICTED OF DUI.

This notice was paid for by your Gallatin County DUI Task Force and funded entirely through DUI license reinstatement fees. Please do not become a contributor!

